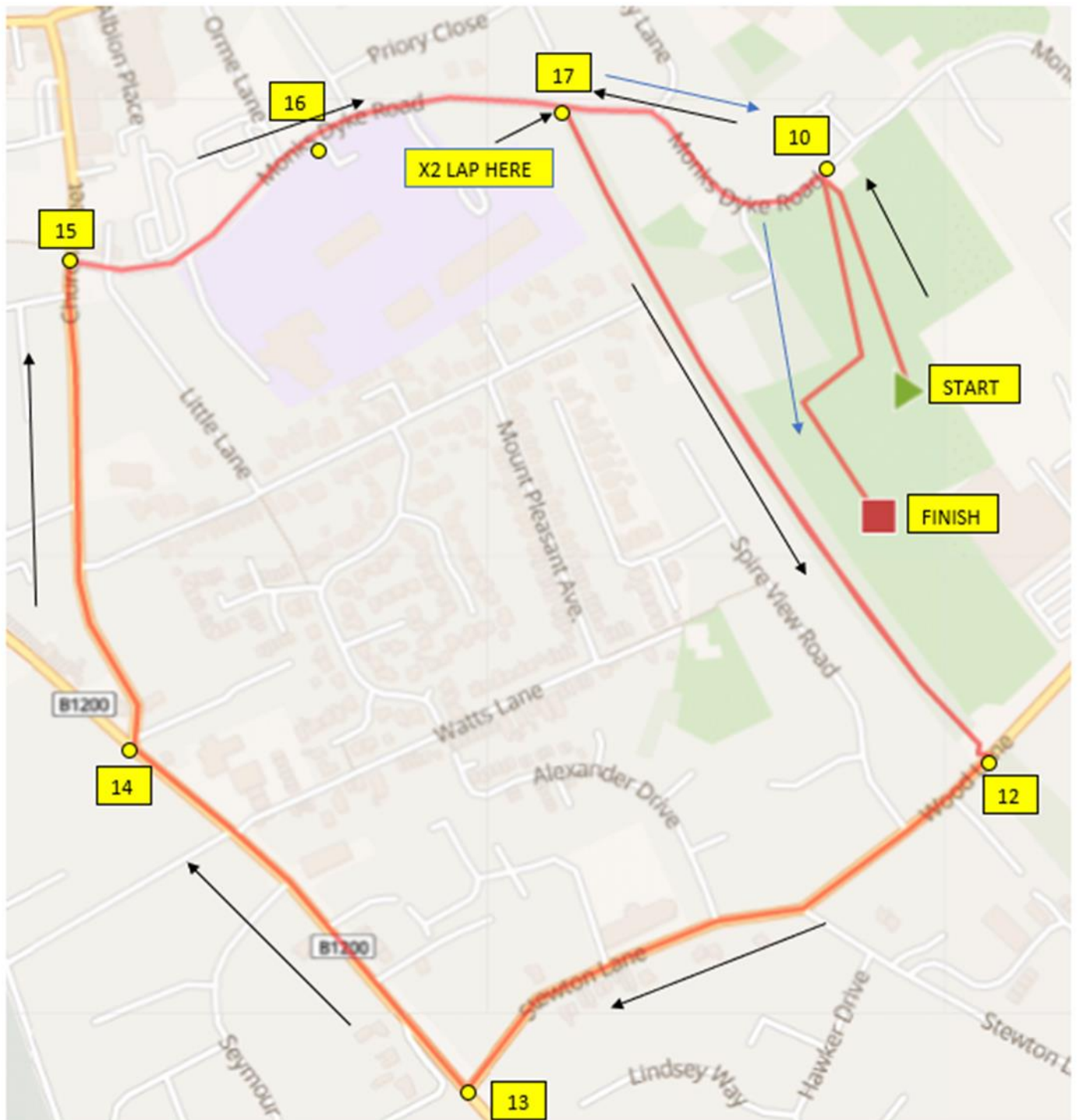


Louth Triathlon Run Map



Yellow Square numbers – Marshal Points

Black Arrows – Direction of travel

Blue arrows – Shows 'TO THE FINISH' (Super Sprint – follow after 1 lap / Sprint follow after 2 laps)